

OCTOBER 2023 MILBANK SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
POPCORN CHICKEN 2 MASHED POTATOES-GRAVY BISCUIT-JELLY FRUIT MILK	BBQ/FRESH BUN 3 PICKLES BAKED BEANS FRUIT BUNNY GRAMS/MILK	CHICKEN FAJITA WRAP/cheese 4 lettuce-salsa-tomato-peppers TATER TOTS FRUIT MILK	CHICKEN PARMESAN 5 ROTINI-SPAGHETTI SAUCE BREADSTICK STEAMED BROCCOLI/FRUIT MILK	CHEESEBURGER/BUN 6 PICKLES BAKED FRIES FRUIT MILK
NO SCHOOL 9	CHICKEN PATTY/BUN 10 MAYO BAKED FRIES FRUIT MILK	CRISPITO/SALSA 11 MEXICAN RICE STRAWBERRY CUP/YOGURT FRESH CELERY/TOMATOES MILK	FRENCH TST STICKS 12 WAFFLE HASH BROWNS SAUSAGE LINKS JUICE MILK	CHICKEN QUESADILLA 13 SALSA FRUIT STEAMED CORN COOKIE/MILK
INSERVICE 16 NO SCHOOL/PT CONFRENCE	TANGERINE CHICKEN 17 RICE MANDARIN ORANGES STEAMED VEGGIES MILK	PT CONFRENCE 18 CHILI GOLDFISH/CHEESE FRUIT/FRESH VEGGIES CINN ROLL/MILK	PIZZA 19 STEAMED CORN FROOT JOOCE CUP SCOOPY DOO GRAMS MILK	NO SCHOOL 20
TERIYAKI CHICKEN 23 RICE STEAMED VEGGIES FRUIT MILK	PIZZA HOTDISH/BREADSTICK 24 STEAMED GREEN BEANS FRUIT MILK YOGURT CUP	CHICKEN NOODLE SOUP 25 TOASTED CHEESE SAND FRESH VEGGIE TRAY FRUIT/MILK	CHICKEN PATTY/BUN 26 MAYO BAKED FRIES FRUIT MILK/COOKIE	HOTDOG/BUN 27 MAC & CHEESE FRESH BABY CARROTS FRESH FRUIT MILK
PIZZA 30 STEAMED GREEN BEANS MANDARIN ORANGES CHURRO MILK	SUPER NACHOS 31 REFRIED BEANS-TOMATOES FRESH VEGGIES SHERBET CUP MILK MONSTER COOKIE			

VEGGIE BAR OFFERED DAILY
 STUDENTS ARE SERVED MILK, PROTEIN, FRUIT, VEGETABLE AND GRAIN
 THEY MUST CHOOSE 3 OF 5. 1 MUST BE A FRUIT OR VEGETABLE.
 MENU SUBJECT TO CHANGE